

Protect Your Children from Lead Poisoning

Lead poisoning is a serious problem for children – the younger the child, the greater the risk.



7 Steps to Protect Your Children From Lead Poisoning:

1

Get your child tested for lead poisoning, even if they seem healthy.



2



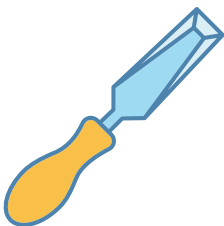
Clean floors, window frames, window sills, and other surfaces weekly. Use a mop, sponge, or paper towel with warm water and a general all-purpose cleaner.

3

Make sure your child is not chewing on anything that may be covered with lead-based paint.



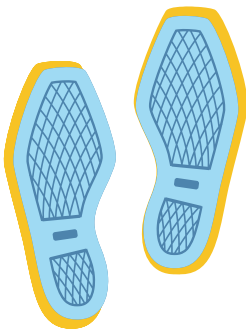
4



Don't try to remove lead-based paint yourself. Use a lead-safe certified firm.

5

Don't bring lead dust into your home from work or a hobby.

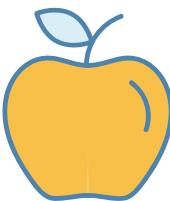


6



Flush your home's pipes before drinking the water. Ways to flush your home's pipes include running the tap, taking a shower, doing laundry or doing a load of dishes.

7



Eat right and don't store food or liquids for long periods of time in lead crystal glassware or old or imported pottery.



Indiana
Department
of
Health

Indiana Department of Health
Lead & Healthy Homes Division
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